

NWC605 Combi 3



COMBINATIONS

Norwell Combi 3 combines several training stations into one, making it possible to train a wide range of muscles, focusing on cardiovascular functions and balance. Combi 3 can be used by up to three people at once.

HOW TO USE:

Air Walker: Grab the bar and step onto the foot pads. Move your legs back and forth, while holding on to the bar to hold your balance. Switch between a fast and a slower pace.

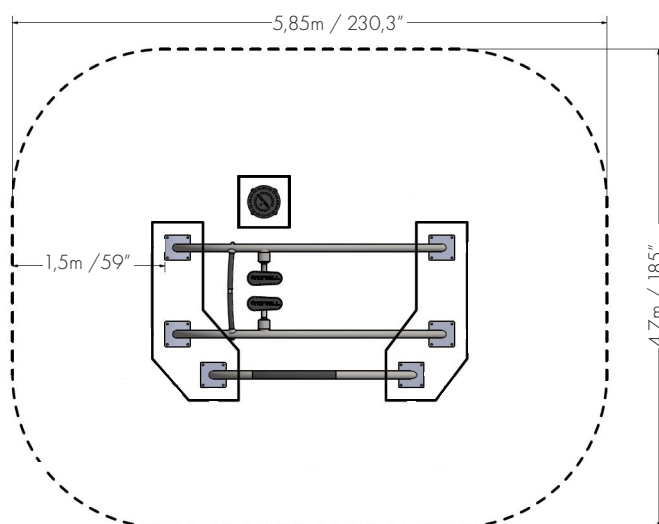
Steps ups: Hold on to the side of the Air Walker, put one foot on the low Stepper and step up. Step down again and repeat with alternate foot. Perform the exercise in a slow and controlled pace. Make sure to tighten the core and keep the chest high.

The Norwell App and the ID-bands, including training instructions and QR codes, on each fitness station inspire to exercise and give full instruction of use.



POSITION AND TRAINING ZONE:

Trainingzone = 25,6m² / 275,6 ft²



DESIGN FOR ALL

All Norwell fitness stations utilize the users own body weight as resistance, therefore the exercises can be performed without risk of injuries. As a result, Norwell fitness stations are challenging and effective regardless of fitness level.

SAFE DESIGN

The Norwell Outdoor Fitness stations are tested and approved by TÜV Product Service GmbH according to DIN79000, EN16630 and AfPS GS 2014:01 PA.

10 YEAR WARRANTY

10 years against failure due to material or manufacturing defects and corrosion breakthrough on pipes, foundations and welds. Please contact us for more information about warranty coverage, and for sites within 5 km of saltwater.

2 YEAR WARRANTY

2 years against failure due to material or manufacturing defects and corrosion breakthrough on all moving parts, plastic and rubber parts.